

PROGRAMME DE LA SEMAINE

EVERYBODY CAN VIBE !

MERCREDI

A PARTIR DE 14H

WELCOME TO
La Magnanarie

17H00 - 19H00

AFROVIBE
Holidays Spirit ON !

20H00

DINER

JEUDI

08H30 - 09H00

AWACKING SUNRISE
(Thé, café, eaux, fruits secs)

09H15 - 10H00

CONNECT TO YOURSELF

10H00 - 11H30

PILATES FUSION

12H00 - 13H00

HEALTHY BRUNCH

13H00 - 16H30

TEMPS LIBRE

17H00 - 18H30

DANCEHALL

18H30 - 19H15

STRETCHING

20H00

SUNSET DINER

VENDREDI

08H30 - 09H00

AWACKING SUNRISE
(Thé, café, eaux, fruits secs)

09H15 - 10H00

CONNECT TO YOURSELF

10H00 - 11H30

AFROVIBE™

12H00 - 13H00

HEALTHY BRUNCH

13H00 - 16H30

TEMPS LIBRE

17H00 - 18H30

FEMININE MOTION

18H30 - 19H15

STRETCHING

20H00

SUNSET DINER

SAMEDI

08H30 - 09H00

AWACKING SUNRISE
(Thé, café, eaux, fruits secs)

09H15 - 10H00

CONNECT TO YOURSELF

10H00 - 11H30

ANIMAL FLOW

12H00 - 13H00

HEALTHY BRUNCH

13H00 - 16H30

TEMPS LIBRE

17H00 - 18H00

STREET FUSION

18H00 - 19H00

DANCEHALL

20H00

SUNSET DINER

DIMANCHE

08H30 - 09H00

AWACKING SUNRISE
(Thé, café, eaux, fruits secs)

09H15 - 10H00

CONNECT TO YOURSELF

10H00 - 11H30

AFROVIBE™ / AFROVIBE BURN

12H00 - 14H00

HEALTHY BRUNCH
LIBERATION DES CHAMBRES

A PARTIR DE 14H

BYE BYE LA MAGNANARIE !